

# STOP

THE SPREAD  
OF GERMS

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Ready to get back to work? Here's a checklist to help you feel confident that your child is healthy and safe returning to care. Things to check for at home:

- Has anyone in your home tested positive for COVID-19 and is actively under quarantine? If yes, please keep your child at home for at least 10 days.
- Is everyone in your home free of any COVID-19-related symptoms including fever: cough, shortness or breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting and diarrhea?
- Has anyone in your home had a fever? Has he or she been fever free for at least three days/ 72 hours without being given fever-reducing medications?
- If anyone in your home has had an illness or symptoms, have their symptoms improved and has it been at least 10 days since their symptoms first appeared?

To learn more about recommendations and requirements please visit this link:  
[in.gov/fssa/files/OECOSL\\_Mandatory\\_Recommended\\_Guidance.pdf](https://www.in.gov/fssa/files/OECOSL_Mandatory_Recommended_Guidance.pdf)

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## Things to ask your early care and education provider:

- Is there a front door drop-off and pick-up procedure in place to limit the number of individuals in the center?
- Is the provider conducting health screenings of team members, children and any visitors upon arrival each day?
- What is the provider's policy regarding face masks or face coverings for staff, children and necessary visitors?
- How is the provider allowing for social distancing, especially during meal times, nap times, in the classroom and on the playground?
- Are groups of children kept together each day with the same teacher to help minimize contact?
- What additional daily deep cleaning procedures is the provider following?
- How is the provider limiting the use of shared toys and materials?
- How is the provider teaching children about good hygiene, hand-washing and health?
- How is the provider keeping families up to date of daily activities?
- How will the provider notify families of health concerns?
- How will meals be served?
- Will field trips be allowed?

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